

Volunteers' Week 2026 Quiz - Answers

1. How many people in the UK have volunteered through a group, club, or organisation this year?

A) 10.5 million people B) 14.2 million people C) 8.3 million people

2. According to a survey, what is the most common motivation for people to volunteer?

A) The desire to improve things and help people B) Personal connection to the cause C) Having spare time

Whilst these three motivations are reported to be the most common, 48% of people stated that the desire to improve things and help people is the reasoning behind their volunteering.

3. Which of the following skills can be developed through volunteering?

A) Social media addiction B) Leadership and teamwork C) Video game proficiency

4. How many adult volunteers currently give their time to Girls' Brigade?

A) 788 B) 3632 C) 2498

5. How many Girls' Brigade groups are there across the UK?

A) 239 B) 304 C) 610

6. Which of these examples is classed as volunteering?

A) Picking up litter B) Playing a board game C) Having a sleepover

7. Who can be a volunteer?

A) Students enrolled in university B) Individuals with specific professional qualifications C) Anyone with the time and willingness to help

8. How can volunteering positively impact society?

A) By creating conflict among communities B) By addressing social issues and improving quality of life C) By decreasing access to essential services

9. What annual campaign celebrates volunteers across the UK?

A) Volunteers' Week B) Volunteers' Day C) Volunteers' Month

10. How much money does volunteering add to the economy each year?

A) £100,000 B) £5.8 million C) £4.6 billion