

## May 2025

Below you'll find seven prayer points – one for each day of the week – so you can pray for each point around four times over the course of an average month, as well as the regular inspiring monthly Bible passage.

*And this is my prayer: that your love may abound more and more in that you may be able to discern what is best and may be pure and blameless until the day of Christ.*  
*Philippians Ch.1:9-10 (NIV)*



*May, such an awesome word, used so many times in the Bible, and in many hymns. So, may we use the word to lead us in prayer during this month, searching, stretching, strengthening, sustaining, supporting each other in our various roles within Girls' Brigade.*

### Monday

**May...** Such a little word but with such an impact. Yes, negatively, 'I may do it if I feel like it' but may I be so bold as to suggest a more positive approach and attitude, asking for God's help, saying 'May I start afresh today on tasks that have been procrastinating'.

### Tuesday

How invigorating to be out on a morning walk and be singing silently or even full volume! 'When morning gilds the skies, my heart awakening cries, **may** Jesus Christ be praised'. Feel free to look up your own hymns for the other verses.

## Wednesday

'**May** the grace of Christ our Saviour, and the Father's boundless love, with the Holy Spirit's favour, rest upon us from above. Thus, may we abide in union with each other and the Lord; and possess in sweet communion joys which earth cannot afford.' - John Newton.

## Thursday

Katie B Wilkinson bases her hymn, '**May** the mind of Christ my Saviour live in me from day to day, by his love and power controlling all I do or say', on Philippians 2:5 and Hebrews 12:1-2. You could look up the hymn, it's a good read with 'may' nine times!

## Friday

On a daily basis, the term '**May** I' crops up often – 'May I help you', 'May I join you', 'May I draw your attention to', 'May I pray for you'. So, let us use all these terms of 'May', and use them to pray. A challenge for May, can you find more in the Bible and in hymns, and in terms!?

## Saturday

A light-hearted phrase from Star Wars '**May** the force be with you', but as Christians a significant greeting in that we say, 'May the Lord be with you'. Looking up Ruth 2:4 together with a search engine of 'May the force be with you' makes for some interesting reading.

## Sunday

**May** the Lord bless you and keep you; may the Lord make his face to shine upon you and be gracious to you; may the Lord lift up his countenance upon you and give you peace. May this be our prayer for all people. Amen' - Numbers Ch.6:24-26



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