



[13-18s]
experience the challenge



Drawing on inspiration from the Bible

13-18s can work through the activities alone or with support from an adult.

Engage

A big challenge for 13 to 18s is getting to grips with reading the Bible.

As they develop in their faith it's vital that it's rooted in Biblical truth, but what if they feel that the Bible makes them yawn?

Here are some tips for GB leaders to help them inspire their young people to engage with God's word more easily.



Explore

We want to inspire you to connect with the word of God. Why not prepare a Bible reading plan for your GB group or look at the different ways of reading the Bible - from book groups to Bible Apps which can be downloaded to phones or tablets.

The Bible is a great place to get inspired as it's God's guide to how we should live. By reading it we're letting God's inspired words change us and shape us into a more Godly and loving person.

There are different ways of reading the Bible such as reading it as a two-way conversation between you and God, reading it to learn about a specific topic, or reading the passage and noting the words that stand out to you. Here are some activities you could try to delve deeper with the Bible.

- Set up a **Bible book group** where you read one book or a passage from beginning to end over a specific period of time. Begin by reading a little bit about the book so you can understand why it was written; then discuss your answers to questions like 'What does the passage say?', 'What does it mean?' and 'What can I apply to my life from this passage?'.
- Read **other Bible versions** – sometimes we get so familiar with certain words or phrases that they just don't mean much anymore. So by looking at a different translation it can be revitalising. Look at versions of the Bible like *The Message*, *The Word on the Street*, or a youth Bible.

Empower

It's good to read the Bible regularly. Daily Bible reading notes or devotional books can be a great way of reading the Bible in manageable chunks, plus they usually give some explanation of the passage and an application to life.

A good, daily Bible reading booklet is UCB Word for You at <https://www.ucb.co.uk/wordforyousignup>, or you could subscribe to a daily Bible study email, such as *WordLive* by Scripture Union at <https://content.scriptureunion.org.uk/wordlive/> or you could use a devotional book such as *Amazing You* by Philippa Hanna or *Hope Rising 365* by Meg Cannon.

Alternatively you may wish to download Bible study **podcasts** from the internet or a Bible reading app for your phone.

Connect

Why not make a series of posters aimed at other young people about the different ways they can engage with the Bible to be displayed at your GB group's church or other club's premises?

www.girlsbrigademinstries.org.uk