

Explore It!

Share this Gabby & Barney story with your child.

Gabby and Barney are playing with their friends in the playground and they decide to have a running race. 'On your marks, get set, go...' they all shout together. Gabby runs as fast as she can but comes in last place. Gabby is very sad that she didn't win the race. Barney sees Gabby looking sad and comes across, 'What's wrong Gabby?' Barney asks. 'I was too slow and came last!' Gabby replies. 'It's okay Gabby, you tried your best. There are lots of other things that you're good at,' says Barney.

How can Gabby understand that she's unique and special and is good at lots of other things? Let's n:vestigate!

Zoom In!

Ask your child what their favourite subject is at school. Remind them of the range of things that they could choose e.g. number work, literacy, PE, art, computers, drawing, making things, cooking, and reading. At the end, ask if all their school friends are good at the same thing.

Ask who does certain jobs in their house e.g. the gardening, the cooking, the cleaning, laying the table, cleaning the car, putting out the rubbish, the painting, mending things, and walking the dog. Try to ensure that you include tasks for every member of the household. Ask if one person does everything. Let your child think about what they're good at and then share. We're all good at different things.

Get Mucky!

Share with your child that everyone is different and this means that we have our own special talents and qualities. Get them to think about the things that they're good at and enjoy doing. Draw a silhouette of a person – ask your child what qualities they think they have e.g. kind, caring, loving, courageous, patient etc. Help them to write these words on the inside of the person. Then add the things they're good at around the outside of the silhouette – these could be pictures or words e.g. painting, dancing, running, baking etc.

Dig Deep!

Jesus was very busy when He lived on earth. Ask your child if they can recall some of the people He met or the things He did. At the end of each day Jesus was very tired. Sometimes He crept away to a quiet place where He could rest and pray to His father, God.

One day, when Jesus had been very busy, He was sitting with His disciples when a crowd approached. Share this story from Luke Ch.18: 15-17 from the Bible or www.biblegateway.com or this paraphrased version here... it was a crowd of mums with their children and babies who wanted to see Jesus. The disciples told them to go away and not to disturb Jesus. They knew He was very tired but Jesus loved the little children; they were so special to Him. Jesus called them over.

He said something really lovely – 'Let the children come to me because they're very special. God loves them all'. How great is that? Tell your child that Jesus thinks they're very special people. There's only one of them and that's what makes them special and God loves them.

Take a look at the song From my knees to my toes, which reflects how special we are to God at https://www.youtube.com/watch?v=SEIIpNLOrrs&t=19s

www.girlsbrigadeministries.org.uk