

n:gage

7-11s discover the adventure!

GB@home



Beyond transformation...?

Introduce the theme of these activities. Often if we're told we're worthless or no good at things we start believing it but we're actually very special and unique. God created us and loves us.

Value/characteristic: **Transformation**

Plug in

You'll need: A roll of lining paper/wallpaper or similar, and felt-tip pens.

Get someone to draw around you to create a person silhouette.

Talk with your child about things that make them a 'nice' person and things that they're good at. These are things that aren't physical characteristics but inner values and qualities and skills that we all have.

Write any suggestions on the inside of the silhouette – loving, caring, loyal, courageous, patient, helpful, good at drawing, kind to others, a good dancer, good at sports etc.

Explain how these qualities and skills are amazing and make us unique and special.

Download

Watch the following clip from *The Chronicles of Narnia: The Voyage of the Dawn Treader* on YouTube – <https://www.youtube.com/watch?v=4eTIQuChB54>

Aslan says 'You doubt your value. Don't run from who you are.'

Discuss the following with your child:

- * Why did Lucy want to be like Susan?
- * What did Aslan show her?
- * When do we doubt ourselves?



Get connected

As Christians we know that to Jesus, and therefore to us, everyone matters – everyone is of worth and not to be given up on!

In Luke Ch.18:15-17, which you can find in the Bible or on www.biblegateway.com, Jesus clearly shows us the value that He places on children. Read the story together and see how Jesus not only makes time for, but believes in the children.

Power up

This week have a 'Because you're worth it event' at your house.

Cook a special meal for your child – dress up, cook their favourite foods, use decorations to create a special table – OR run your child a relaxing bubble bath, provide a mocktail and pop on some relaxing music.

Let's show our children and young people that they're worthy, special and unique.

www.girlsbrigademinstries.org.uk