



[13-18s]
experience the challenge



Achieving goals

13-18s can work through the activities alone or with support from an adult.

This year's Olympic Games has been postponed, because of the Coronavirus pandemic, until 2021. How much do you know about the Olympics, GB and reaching people with the Good News about Jesus? Try our short test.

1. How many National Olympic Committees are there:

- a) 130
- b) 250
- c) 206

3. Approximately how many GB groups are there in England and Wales?

- a) 375
- b) 450
- c) 525

2. The 2020 Olympic Games would have featured how many events and sports?

- a) 20 sports, 226 events
- b) 33 sports, 339 events
- c) 46 sports, 389 events

4. Which description of mission is correct?

- a) Mission is an important assignment given to a person or group of people
- b) Mission means telling people overseas about Jesus
- c) Mission is the same as vision.

Explore

Read Philippians Ch.3:12-14 in your Bible or at www.biblegateway.com.

What are your dreams and have you set goals to achieve them? What steps might you need to take to get there; is your dream realistic, relevant and achievable and have you set a deadline to get there?

Paul speaks of pressing on to win the prize (verse 14) - a goal that is achievable for all who simply ask Jesus to enter their lives.

Spend time in prayer with God, ask Him to help you know which dreams and goals to focus on. Which ones will help others to know who Jesus is?

Connect

Host a virtual Olympic-themed quiz night with your GB group or with family and friends during this time of lockdown – create your own or check out www.christiansinsport.org.uk for their next online virtual quiz. Leaders or parents could download the 2020 mission pack for quiz materials.

Empower

Read about Jane Powell on the Christians in Sport website at www.christiansinsport.org.uk.

As you read this reflect on the following questions:

- What gifts has God given you? This could be in sport; practical activities such as baking, sewing, knitting; helping others; or academically in your studies and learning
- How do we trust God when things don't go as we planned?
- In what practical ways might God use you as you seek, serve and follow Christ to help others?



Answers: 1 - c; 2 - b; 3 - b; 4 - a

www.girlsbrigadeministries.org.uk

GB Ministries accepts no responsibility for any injuries young people sustain whilst undertaking these activities within their own homes. Parents/carers should ensure the safety of their home environment when undertaking activities.