

# Engage

7-11s discover the adventure!

GB@home



## Doing life together

At the moment we're all confined to our homes (with the exception of those still working, the odd shopping trip and our daily exercise) so it's important that we try to be united as families/with those we live with.

The concept of unity is a big part of Christian life and it's something that relates to all other aspects of life too. However, unity isn't a word that a lot of children are going to know, so it will need to be explained to them.

Why not base your explanation around the following ideas? Such as being one with God; being part of a team; working towards one goal and the feeling of community in a friendship group and the closeness of family.

Value/characteristic:

**Unity**



### Plug in

There are plenty of activities you can do to help you bond as a 'family'/group and see the importance and benefits of unity/working together.

- Using hoops or small non-slippery mats as stepping stones, as a 'family' you must cross an area of floor. The floor is 'lava' and you have to work together to build a path.
- Give everyone a piece of paper with an instruction on it. Here are some examples – gather all the chairs in the middle of the room, put all the chairs around the edge of the room, throw pieces of toilet paper on the floor, collect pieces of toilet paper from the floor, shout as loud as you can, tell other people to be quiet etc. Give yourselves two minutes to complete your tasks. After the chaos has finished, lead a debrief about what happened and ask them why they thought the chaotic situation happened. Ask them what would have happened instead if they'd worked as a team.



### Download

Watch the clip from *Despicable Me* when Gru's mission comes to halt due to lack of funds, we see the girls and the minions all chip in with whatever they have to help. You can find this at [www.wingclips.com](http://www.wingclips.com). They all unite to help Gru.



### Activate

Create a 'family' collage together using photographs and other pictures or drawings. Encourage your child to remember how they can show love for their family, friends at GB and friends at school to help them be united.



### Power Up: Fantastic friends – with a purpose

For people who go to church, the congregation is one group, like a family, all looking out for each other and worshipping together. In GB, the groups are like that. Let the children know that the leaders and older children are there for them, they are there for each other and they can be there for the younger children. After all, everyone comes together for the same reason – not just to see each other and have fun, but to worship God together. Even though GB groups aren't currently meeting – your GB group is still there for you – maybe on Facebook or Zoom, via email or letter.