



[13-18s]  
experience the challenge



## Making a difference

13-18s can work through the activities alone or with support from an adult.

### Engage

Empowerment is a buzz word right now, but what does it actually mean? Reflect on the following questions:

**Are young women in the UK empowered in GB and church? Why? Why not?**

**Are young women in the UK empowered in government and politics? Why? Why not?**

**Are young women in the UK empowered in the media? Why? Why not?**

### Empower

William Wilberforce, one of the 18<sup>th</sup> century's great anti-slavery campaigners, once said 'You can choose to look the other way, but you can never again say that you did not know'. Equipping yourself to be aware of global issues is empowering.

Research some of the key disempowering issues which girls are facing across the world such as child marriage, poverty and human trafficking. You could:

- Create a short vlog explaining what you've learned and advocating action
- Start an online petition at [www.change.org](http://www.change.org) or write to your local MP
- Create a poster to display
- Research about volunteering your skills with other charities

The key thing to remember is the discrimination of a child because of its gender is an injustice. God cares about injustice and so should we.

### Explore

Sadly in many parts of the world (including countries within the GB family), it's more dangerous to be a girl than a soldier.

14/15 April 2020 marked the sixth anniversary of the abduction of the Chibok girls in Nigeria. Currently 112 girls remain missing; some of them are GB members; many are feared dead.

Use the *#GBHopeEndures: Prayers for Nigeria* resource to pray for Nigeria and all the people affected by terrorist violence. Download it free here: [www.gbworldwide.org](http://www.gbworldwide.org).

The resource includes the story of Sarah, a Girls' Brigade member who had been abducted by Boko Haram in 2017 and later released. Sarah encourages the GB family to keep praying for Nigeria and shares: 'Thank you GB for your prayers, may the Almighty God bless you abundantly in Jesus name.'

### Connect

Create a quiet, reflective space with lamps and cushions. Read the following Bible verses: Isaiah Ch.1:17, Micah Ch.6:8 and Matthew Ch.25:31-46, in the Bible or on [www.biblegateway.com](http://www.biblegateway.com).

Reflect on the following questions – does God care for all young women across the world? Why do you think the world is full of injustice? What are the simple things we can do about it?

Read Philippians Ch.2:15 (The Message version) in the Bible or on [www.biblegateway.com](http://www.biblegateway.com). Reflect on how we can be a light and empower our friends and family. If you're feeling creative, create a collage, painting or poster to encourage others to shine like stars. You could get your parents to share it with your GB leaders or put it on social media to encourage others.