



⏻ Switch on: the real life of 10-14s

What's next? It's a question that we've all probably been asking as we try to understand the impact of the Coronavirus crisis. And it's a question 10-14s may find they're asked as they think about their future.



⏸ Pause: greater things have yet to come

Listen to Chris Tomlin's *God of this City* on [YouTube](#). The song speaks of 'greater things have yet to come and greater things are still to be done in this city'. Invite your 10-14s to share what things are still to be done to make their neighbourhood a better place to be. What things can they or their GB group do for the first time or repeat to make a difference in the local community? What can they do as individuals during the Coronavirus crisis to bring hope to someone's life?

▶ Play: change

Think back to some of the ideas your 10 to 14s had about how they could individually bring hope to someone during the Coronavirus pandemic – and do one of them e.g. sending a card to cheer someone up, calling a friend etc.

▶▶ Fast forward: To GB in 2030

The future will often involve change. Some changes are for the better, some changes may be difficult to face. What could GB look like in another 127 years? What about in 10 years' time? Design a poster or collage displaying the ways that GB may be in different in 2030.

◀◀ Rewind: sweet prayers

Encourage your whole household to take part in this activity.

Fill a bag with two types of sweet that have different coloured wrappers. Sit in a circle and pass the bag along allowing each person to pick a sweet. Say, for example, all the purple wrappers represent thank you prayers – so everyone who pulls out a sweet in this colour should think of a thank you to God for how in the past He's helped them through a big change such as changing school or moving house. The other colour of wrapper should represent prayers for things coming up in the future that the young people are concerned about and want God's help with.

