



10-14s meet real life head on

GB@home



Switch on: the real life of 10-14s

Sharing about Girls' Brigade's (GB) global family is a great thing to help 10-14s realise GB is bigger than just their group or district.

Rewind: Around the world

Download a world map and use pens in five different colours. Using the GB International website, www.gbworldwide.org, get your daughter to mark countries where GB operates on the map. Give each fellowship a different coloured dot and put the relevant colour on each country.

Fast forward: #iamGB

Isn't it amazing that there are over 150,000 GB members in over 50 countries? For over 127 years, God has been using GB to invest in the next generation of girls. Because of GB, girls have shared that they feel courageous, loved and creative. Check out GB International's #iamgb film for lots of inspiring #iamgb stories: www.gbworldwide.org. What is your daughter's #iamgb story? Why don't they make a poster and then you can share it with her GB leaders via email/social media?

Play: Taste trials

Chose foods typical of some of the countries where GB operates and allow your daughter(s) to taste them.

You could turn it into a tasting game with a blindfold. For example, haggis from Scotland, jerk chicken from the Caribbean and noodles from Asia.

You could even buy something like fried crickets from the internet, similar to that which they eat in Cambodia.

Lead a discussion about the other differences/similarities between countries around the world where GB works, such as climate, language, dress and religion.



Pause: Prayer power

Using a globe, or your earlier map, and some sticky notes encourage your young person to pray for people in different countries. They can pray in their heads or write their prayers down and then stick them to the relevant country. You may need to remind them of any particular countries in the news currently.

Switch off: connect

To find out more about your GB family around the world, check out the GB International website: www.gbworldwide.org and the GB Worldwide Facebook page: [girlsbrigadeworldwide](https://www.facebook.com/girlsbrigadeworldwide)